

## Medical Questionnaire

Acupuncture Plus-----All information is completely confidential

### Your Past Medical History

Check any of the following conditions that you currently have, or have had in the past. Please also check if you feel any of the following are a significant part of your medical history.

AIDS/HIV \_\_\_ Alcoholism \_\_\_ Allergies \_\_\_ Appendicitis \_\_\_ Arteriosclerosis \_\_\_  
Asthma \_\_\_ Birth Trauma (your own birth) Cancer \_\_\_ Chicken Pox \_\_\_ Diabetes \_\_\_  
Emphysema \_\_\_ Epilepsy \_\_\_ Goiter \_\_\_ Gout \_\_\_ Heart Disease \_\_\_ Hepatitis \_\_\_  
Herpes \_\_\_ High Blood Pressure \_\_\_ Measles \_\_\_ Multiple Sclerosis \_\_\_ Mumps \_\_\_  
Pacemaker \_\_\_ Pleurisy \_\_\_ Pneumonia \_\_\_ Polio \_\_\_ Rheumatic fever \_\_\_ Scarlet  
fever \_\_\_ Seizures \_\_\_ Stroke \_\_\_ Thyroid disorders \_\_\_ Tuberculosis \_\_\_ Typhoid  
fever \_\_\_ Ulcers \_\_\_ Venereal disease \_\_\_ Whooping Cough \_\_\_ Other (specify)

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List any surgeries you have had:

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List any major trauma you have had:

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### General Symptoms

Poor appetite: \_\_\_ Heavy appetite \_\_\_ Strongly like cold drinks \_\_\_ Strongly like hot  
drinks \_\_\_ Recent weight gain/loss \_\_\_ Poor sleep \_\_\_ Heavy sleep \_\_\_ Dream-  
disturbed sleep \_\_\_ Fatigue \_\_\_ Lack of strength \_\_\_ Body heaviness \_\_\_ Cold hands/  
feet \_\_\_ Poor circulation \_\_\_ Shortness of breath \_\_\_ Fever \_\_\_ Chills \_\_\_ Night  
sweats \_\_\_ Sweat easily in the daytime \_\_\_ Muscle cramps \_\_\_ Vertigo or dizziness  
\_\_\_ Bleed or bruise easily \_\_\_ Peculiar taste in the mouth? describe \_\_\_\_\_

### Head, Eyes Ears, Nose, Throat

Glasses \_\_\_ Eye Strain \_\_\_ Eye pain \_\_\_ Red eyes \_\_\_ Itchy eyes \_\_\_  
Spots in eyes \_\_\_ Poor vision \_\_\_  
Blurred vision \_\_\_ Night blindness \_\_\_ Glaucoma \_\_\_ Cataracts \_\_\_ Teeth problems \_\_\_  
Grinding teeth \_\_\_ TMJ problems \_\_\_ Facial pain \_\_\_ Gum problems \_\_\_ Sores on lip or  
tongue \_\_\_ Dry mouth \_\_\_ Excessive saliva \_\_\_ Sinus problems \_\_\_  
Excessive phlegm \_\_\_ Color of phlegm \_\_\_\_\_  
Recurrent sore throats \_\_\_ Swollen glands \_\_\_ Lump in throat \_\_\_ Enlarged thyroid \_\_\_  
Nose bleeds \_\_\_ Ringing in ears \_\_\_ Poor hearing \_\_\_ Earaches \_\_\_ Headaches \_\_\_  
Migraines \_\_\_ Concussion \_\_\_

### Respiratory

Difficulty breathing when lying down \_\_\_ Shortness of breath \_\_\_ Tight chest \_\_\_  
Asthma/wheezing \_\_\_ Cough \_\_\_ Wet or dry? \_\_\_\_\_ Thick or thin sputum? \_\_\_\_\_  
Color of phlegm \_\_\_\_\_

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### Cardiovascular

High blood pressure \_\_\_ Blood clots \_\_\_ Low blood pressure \_\_\_ Fainting \_\_\_ Chest Pain \_\_\_ Difficulty breathing \_\_\_ Tachycardia \_\_\_ Heart Palpitations \_\_\_ Phlebitis \_\_\_ Irregular heart beat \_\_\_

### Gastrointestinal

Nausea \_\_\_ Vomiting \_\_\_ Acid regurgitation \_\_\_ Gas \_\_\_ Hiccup \_\_\_ Belching \_\_\_ Bad breath \_\_\_ Diarrhea \_\_\_ Constipation \_\_\_ Laxative use \_\_\_ Black stools \_\_\_ Bloody stools \_\_\_ Mucus in stools \_\_\_ Intestinal pain or cramping \_\_\_ Itchy anus \_\_\_ Burning anus \_\_\_ Rectal pain \_\_\_ Hemorrhoids \_\_\_ Anal fissures \_\_\_

### Musculoskeletal

Neck/shoulder pain \_\_\_ Muscle pain \_\_\_ Upper back pain \_\_\_ Low back pain \_\_\_ Joint pain \_\_\_ Rib pain \_\_\_ Limited Range of Motion \_\_\_ Limited use \_\_\_ Other (describe) \_\_\_\_\_

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### Neuropsychological

Seizures \_\_\_ Numbness \_\_\_ Tics \_\_\_ Poor memory \_\_\_ Depression \_\_\_ Anxiety \_\_\_ Irritability \_\_\_ Easily stressed \_\_\_ Abuse Survivor \_\_\_ Considered/attempted suicide \_\_\_ Seeing a therapist \_\_\_ Other \_\_\_\_\_

### Genitourinary

Pain on urination \_\_\_ Frequent urination \_\_\_ Urgent urination \_\_\_ Blood in urine \_\_\_ Unable to hold urine \_\_\_ Incomplete urination \_\_\_ Venereal disease \_\_\_ Bedwetting \_\_\_ Wake to urinate \_\_\_ Increased libido \_\_\_ Decreased libido \_\_\_ Kidney stone \_\_\_ Other \_\_\_\_\_

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### Gynecology

Age Menses Began \_\_\_ Length of cycle (e.g. every 28 days, every 30 days, every 14 days, etc.) \_\_\_\_\_  
Duration of the flow (e.g. 3-7 days, etc.) \_\_\_\_\_ Irregular periods \_\_\_  
Painful periods \_\_\_ PMS \_\_\_ Vaginal discharge \_\_\_ Vaginal sores \_\_\_  
Vaginal odor \_\_\_ Clots \_\_\_ Breast lumps \_\_\_ # of Pregnancies \_\_\_ # of live births \_\_\_\_\_  
Premature births \_\_\_ Age at menopause \_\_\_ Date of last PAP \_\_\_\_\_

**Please attach any additional information you wish to explain, or additional copies of radiology or pathology tests.**